

Vol VI Issue 8: The Summit is here!

Contents

1. Meet the new Botswana teams
2. PATA summit: Choose the right masterclass for you
3. Important travel tips for Botswana
4. PATA Expert Patients to receive Jonsson aprons
5. Expert Patients and the PATA Summit
6. Working with Children: Zoe Life and the Talk Tool
7. Featured organisation: The Perinatal Mental Health Project
8. Would you like to host a Local Forum in 2012?
9. Notices

1. Meet the new Botswana teams!

Five new teams from Botswana will join the PATA network for the first time in Gaborone. We would like to welcome the following teams to the network:

Deborah Relief Memorial Hospital is the oldest hospital in the country – it opened in 1932 and is located 40km north of Gaborone. Caring for 351 children under 18 years, they are the only clinic in the Kgatleng district providing palliative care services. They have a loss to follow up (LTFU) programme and a quality improvement (QI) team.

Mabutsane Clinic runs two antiretroviral (ARV) and infectious disease care clinics. They care for 63 clients between the ages of 12 months and 18 years. They have worked with guidance teachers at boarding schools in the area to ensure the successful treatment and support of their clients.

Palapye is a large town about halfway between Francistown and Gaborone in Botswana. **Palapye Primary Hospital** has 42 beds, 57 nurses and four doctors. Children are given first priority and do not queue – they also host special events for children.

Thamaga Primary Hospital has 5698 patients of whom 172 are children and adolescents. To make the clinic more child-friendly, Thamaga has reserved one day per month especially for children. The clinic reports successful early infant diagnosis with the testing of infants' dried blood spots (DBS).

Scottish Livingstone Hospital was established by Dr Merriweather, the first speaker of the independent Botswana government. Treating 400 children under 18 years, they report that many children are responding well to treatment. The hospital also has a teen club where adolescents meet monthly to play sport and games and to support each other.

2. PATA Summit: Choose the right masterclass for you

PATA Summit 2011 (14-18 November, Gaborone, Botswana) will feature optional masterclasses for which you can sign up during registration on 14 November. It is important to book your sessions as some

masterclasses have limited space. Here is a sneak peak of the masterclasses offered at the Summit – see which ones appeal to you and your team!

Orphans and Vulnerable Children

14 Nov, 16:30-17:30

Dr Andrew Kiboneka (Makerere University Uganda) will discuss the Ugandan National OVC policy. He will also examine several central and southern African case studies concerning OVCs and HIV/AIDS.

Simplifying complex ART case studies

14 Nov, 17:30-19:00

Dr Leon Levin (Right to Care) will explore case studies examining treatment conundrums for children of a variety of ages.

Basic Counselling Skills

15 November, 18:00-19:30

Dr Simone Honikman (Perinatal Mental Health Project) will explore basic counselling skills (not necessarily HIV-related).

Innovations in Adolescent Care

15 Nov, 18:00-19:00

This thought-provoking masterclass by Dr Leon Levin will spark debate about adolescent treatment.

Staff Attitudes to Adolescents

15 and 16 Nov, 18:00-19:30

Melanie Pleaner (WHRI) will examine staff attitudes to adolescents: how do your views as a health professional impact on the services you render?

Communication in the pharmacy

15 and 16 Nov, 18:00-19:30

Based on the publication, “Working across Language and Cultural Barriers: Communication Skills for Pharmacists”, by Dr Jenny Watermeyer and Prof. Claire Penn, this class will examine communication issues in the pharmacy.

Tapping into the child within

16 Nov, 18:00-19:30

Presented by Nicole Potgieter (Zoë Life) this masterclass aims to build confidence and skills to work with, engage and counsel children in the HIV Counselling and Testing process, in their own language.

S2S/PATA Toolkit

16, 17 Nov, 18:00-19:30, 18 Nov 8:00-9:30

Presented by Dr Elke Maritz and Sr Nombulelo Matshikwe (South to South). In conjunction with South to South and several other organizations, PATA has helped to develop a toolkit for healthcare workers working with children and adolescents. The toolkit will be made available to English-speaking teams at the Summit. Limited to four teams per session – this is not for individual participants.

The child’s voice: Child participation in the clinic

17 Nov, 7:00-8:00

Prof Anabwani (Botswana- Baylor) will be presenting and discussing the child’s voice study conducted by Botswana-Baylor. As health professionals, we treat children, make decisions for them & advocate what we think is best for them - but no one has ever listened to their perspectives before this study!

Paediatric Palliative Care

17 Nov, 8:00-9:30

Presented by Dr Michelle Meiring and Tracy Brand (Bigshoes Foundation), this masterclass will provide an introduction to the principles of children’s palliative care and children’s rights as well as the legal aspects

that frame palliative care in an exploration of the assessment and management of Total Pain (mind, body and spirit).

3. Important travel tips for Botswana

- The Phakalane Hotel is situated on a golf estate. If you are a **running enthusiast**, don't forget your running shoes as you will be able to do your early morning run!
- Wear comfortable, light clothing. **Summer starts in November** and the days are quite warm but there are often thunderstorms and it is advisable to travel with a light rain jacket.
- If you are carrying more than 10 000 Pula when leaving Botswana, you need to **declare** this at the immigration office. If possible, carry a minimal amount of cash.
- **Sunscreen and insect repellent** are essential items.
- If you do not wish to make arrangements with your local service provider for **international roaming** on your cellphone, you may purchase a starter pack from one of the local cellphone companies at the airport and insert this in your cellphone. This usually works out cheaper.
- Make **certified copies of your passport and travel documents**. Leave these with family or friends and pack a copy in your main suitcase.
- If you are travelling from a country in the yellow fever belt, you need a **yellow fever vaccination** certificate stating that you have received the yellow fever vaccine.

4. PATA Expert Patients to receive Jonsson aprons!

The Jonsson Group based in Durban (www.jonssonworkwear.com) has donated 500 chef-style aprons to the PATA Expert Patient Programme. These durable aprons have the One to One Children's Fund and PATA logos embroidered on the bib and will ensure that the Expert Patients are clearly identified within their clinics.

Jonsson, a proudly South African company, was formed in 1955 and in the last few years has grown to become one of Africa's leading workwear brands. The Jonsson team take pride in producing workwear which is comfortable and fashionable yet practical for the purposes it's meant to serve. We at PATA are certain that the Expert Patients will agree when they start wearing their beautiful aprons.

A huge thank you to Jonsson!

5. Expert Patients and the PATA Summit

The PATA Expert Patient (EP) supervisors at the PATA Summit in Botswana will be invited to a separate dinner so they can receive an update on the EP programme from Roseanne Turner. During the dinner the group will discuss ways of improving the programme and suggestions on what to include in a guideline on workplace conduct for the EPs. Outcomes of this meeting will be included in the Speakers' Corner presentation on the EP programme on Day 3 of the forum. The new PATA EP aprons will also be handed out.

6. Working with Children: Zoe Life and the Talk Tool

One of the many organizations attending the PATA Summit this year is Zoë life, a capacity-building organization that offers tools, workshops, interventions and materials to organizations and communities. They will be presenting a masterclass on their Talk Tool, a resource developed as a part of the KidzAlive

psycho-social care package. The Talk Tool is an interactive tool to be used by counsellors during sessions with children and caregivers.

The Talk Tool is a 70 page booklet that tells the story of Sibusiso (a frog) and his caregiver as he experiences falling ill, is tested, goes through disclosures, and learns to cope with his HIV+ status. Zoë Life has worked hard to make the Talk Tool as adaptive and relevant as possible. Early versions featured a doctor performing Sibusiso's test. But since doctors are unlikely to be a child's point of contact at clinics and hospitals, this character was later replaced with a nurse. Depictions of TB testing were also added, and the terminology surrounding HIV was reviewed for accuracy and child-friendliness.

We can't wait to hear more about Zoë Life and the Talk Tool in Botswana in November! For additional information, please visit: <http://www.zoe-life.co.za>

7. Featured organisation: The Perinatal Mental Health Project

The Perinatal Mental Health Project is an organization focused on maternal mental health care and the positive effects it has on children, families and communities. They work with vulnerable women, local and international institutions and academic and professional institutions to implement the delivery of mental health services, train health professionals, produce research and to advance policy and advocacy activities.

Dr Simone Honikman, founder and director of the PMHP, will be presenting at the 2011 PATA Summit on teenage pregnancy, HIV and mental health. Dr Honikman says that she was inspired to start the PMHP in 2002 when she discovered that as many as 1 in 3 women in South Africa's townships present with postnatal depression. To learn more about the Perinatal Mental Health, visit: <http://www.pmhp.za.org>

8. Would you like to host a Local Forum in 2012?

In 2011 PATA local forums were held in Uganda, Kenya and South Africa. Local forums aim to enact the "PATA effect": it ensures the continuation of learning, networking and collaboration between stakeholders in order to improve the quality of services to children affected by HIV.

Any PATA team can elect to host a local forum next year. We plan to provide funding towards at least 10 local PATA forums in 2012. Teams attending the Summit will learn about the process of holding a PATA Summit. If your team is not attending the Summit, but you are still interested in the local forums, please contact Taru at taru@teampata.org.

9. Notices

- The International Children's Palliative Care Network (ICPCN) has recently launched a **free online training** module linked to the new WHO guidelines for persisting pain. Visit www.icpcn.org.uk where you will find a link to the module on the home page.
- The **World Congress on Infant Mental Health** will be held in Cape Town in April 2012. PATA has been invited to send delegates the training session "*Supporting bonding between carers and babies: dyadic and group interventions*" presented from the Anna Freud Centre in London. For details contact Melanie a melanie@teampata.org or see the website: www.waimh-capetown2012.co.za/

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